



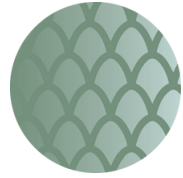
## Course Outline

- **Session 1:** Introduction basic brain science and how it can help parenting Wonderfully Wired kids.
- **Session 2:** Explore ways to explain their unique brains to children and how to talk about neurodivergence at home.
- **Session 3:** Discover when difficult behavior is communication, not naughtiness, and learn to respond effectively.
- **Session 4:** Ways to discipline that involve less fighting and more collaboration.
- **Session 5:** Understand the attraction of screens to neurodivergent children and how to manage them at home.
- **Session 6:** Learn how food, exercise and sleep impact brain energy throughout the day and build routines that help your child thrive.

# PARENTING WONDERFULLY WIRED CHILDREN: WHEN THE USUAL STRATEGIES DON'T WORK



*Elle  
Leher*



## ENCOURAGE AUTONOMY

Raise self-driven children who take responsibility



## GROW COMPETENCY

Gain expertise in coaching the skills your child needs to thrive



## SEE STRENGTHS

See the unique gifts in your child with ADHD, dyslexia, autism and more



## CREATE CONNECTION

Understand the brain science of strong parental support

*"I learnt how to check my own body platform before responding to my dysregulated child, understanding the effect my mood and nervous system have on my son."  
Thande*



*"I learnt we can't control our children's behavior, but our job is to proactively seek to understand the underlying unsolved problems driving that behavior."  
Kirsty*

## Format:

Weekly online group sessions of an hour and a half each.

## Process:

- Fully engaged video conference learning with other parents of Wonderfully Wired kids
- Downloadable notes to help you learn in different formats
- Access to video teaching resources
- Summaries shared after each session so you don't forget what matters.

## Charges:

\$100 or R2000 per family



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